

Memory Cafes in Sefton 2018

Alzheimer's Society Sefton, Office Suite 5, Gordon House, 3-5 Leicester Street, Southport, PR9 0ER. Tel: 01704 539 967

Lydiate

1.30 – 3.30 last Thursday of each month
Lydiate Village Centre, Lambshear Lane L31 2LA

25 Jan	26 Apr	26 Jul	25 Oct
22 Feb	31 May	30 Aug	29 Nov
29 Mar	28 Jun	27 Sep	

Nearest train station: Maghull (1.5 miles)
Suggested bus service: 231
There are good parking facilities

Formby

2.00 – 4.00 second Thursday of each month
Formby Methodist Church, Elbow Lane L37 4AF

11 Jan	12 Apr	12 Jul	11 Oct
8 Feb	10 May	9 Aug	8 Nov
8 Mar	14 Jun	13 Sep	13 Dec

Nearest train station: Formby
Suggested bus services: Circular
Parking facilities available

Southport

1.30 – 3.30 third Thursday of each month
The Salvation Army, 57-63 Shakespeare Street,
Southport PR8 5AJ

18 Jan	19 Apr	19 Jul	18 Oct
15 Feb	17 May	16 Aug	15 Nov
12 Mar	21 Jun	20 Sep	20 Dec

Nearest train station: Southport (25 mins walk – Taxis outside station)
Suggested bus service: 43
Parking facilities available

Crosby

10.00 – 12.00 first Wednesday of each month
Crossroads Cafe, 71B Liverpool Road, Crosby,
L23 5SE

3 Jan	4 Apr	4 Jul	3 Oct
7 Feb	2 May	1 Aug	7 Nov
7 Mar	6 Jun	5 Sep	5 Dec

Nearest train station: Crosby & Blundellsands (20 mins walk)
Suggested bus services: X2, 53, 53A, 122, 62, 54, 471, 48
There are good parking facilities

Memory cafes are informal drop in groups where people living with dementia and their carers can get together to share and talk about things that are important to them. Alzheimer's Society staff will be on hand to give information and support and we often have guest speakers covering a range of topics. There is no need to book, just come along on the day and you will be made very welcome.